



FORT WILDERNESS

# Prep Guide Youth and Junior High Camps

## Preparing for Camp

In thinking about how to pack and what to bring, consider the following activities offered:

- Fishing • Swimming • Arts & Crafts • Archery • Riflery • Nature Class • Canoeing
- Volleyball • Field Games • Banquet • Horsemanship (for those who signed up in advance)

### What to bring checklist.

We recommend labeling items with camper's name/last name to prevent things getting lost.

- |   |  |
|---|--|
| <input type="checkbox"/> Clothing (shorts, jeans, shirts, socks, etc.)        | <input type="checkbox"/> Old clothes and shoes (that will get wet/dirty) |
| <input type="checkbox"/> Warm Jacket or Sweatshirt                            | <input type="checkbox"/> Modest, one-piece (full coverage) swimsuit      |
| <input type="checkbox"/> Tennis shoes / Sandals / Shower shoes                | <input type="checkbox"/> Rain Gear                                       |
| <input type="checkbox"/> Sleeping Bag & Pillow                                | <input type="checkbox"/> Sunscreen & Insect Spray                        |
| <input type="checkbox"/> Bath Towel / Beach Towel / Washcloth                 | <input type="checkbox"/> Toothbrush/paste, soap, shampoo, deodorant      |
| <input type="checkbox"/> Brush, comb, etc.                                    | <input type="checkbox"/> Bible / Notebook / Pen                          |
| <input type="checkbox"/> Medications (see attached letter)                    | <input type="checkbox"/> Spending Money (\$1 bills preferable)           |
| <input type="checkbox"/> Flashlight or Headlamp                               | <input type="checkbox"/> Hat or Sunglasses                               |
| <input type="checkbox"/> Camera (optional)                                    | <input type="checkbox"/> Backpack  |
| <input type="checkbox"/> Pre-stamped and addressed postcards                  | <input type="checkbox"/> Water bottle                                    |
| <input type="checkbox"/> Banquet themed clothing/outfit (see attached letter) |  |
| <input type="checkbox"/> _____  |  |

### Paperwork checklist.

- |   |  |
|---|--|
| <input type="checkbox"/> Camper fees paid on ___ / ___ / ___            | <input type="checkbox"/> Health History Form sent on ___ / ___ / ___   |
| <input type="checkbox"/> Food allergy info sent on ___ / ___ / ___      | <input type="checkbox"/> Insurance Information sent on ___ / ___ / ___ |
| <input type="checkbox"/> Liability Release Form sent on ___ / ___ / ___ | <input type="checkbox"/> Transportation sent on ___ / ___ / ___        |

**Health History Information:** A health history form and liability release must be filled-out and signed by a parent or guardian. This can be done as a hard copy, or on-line(preferred) and is due at the same time as your payment. Your child cannot attend camp if we do not receive these forms prior to their arrival.

**Insurance:** Each family is responsible for their own camper's health/accident insurance while they are at Fort.

## Common Questions

### When do campers arrive and depart?

Camp begins on Saturday - Check-in: 2pm - 4pm

Campers depart on Friday - Pick up between 9:30am - 10:30am

### When are camper fees due?

Camper fees are due, in full, no later than **2 WEEKS PRIOR** to arrival.

### What if I have to cancel?

Each registration deposit is non-refundable and non-transferable.

### What if my child has medications he/she needs to bring to camp?

On opening day of camp the Nurse will check in all medications, please see attachment for new procedures for accepting medication. The health form has a list of medications provided by Fort. Parents and campers will meet the Nurse at registration time and be able to discuss any additional information. Medications are then dispensed when needed by appropriate medical staff throughout the week.

# Prep Guide

## Youth and Junior High Camps

### What if my child has food allergies and/or a special diet?

We can accommodate gluten, dairy and nut allergies as well as some special diets related to specific medical needs. It is valuable for us to work with you to make a plan at least 2 weeks ahead of camp for special situations. If you are gluten free, please plan to bring your own bread and desserts as Fort does NOT provide these items. **For any food allergy, you must email the Youth Food Service Manager, Connie Giles, no less than 2 weeks before the first day of camp.** Email Connie at [conniegiles@fortwilderness.com](mailto:conniegiles@fortwilderness.com)

### What about sending letters and packages?

Letters or packages being sent should be sent using the following format:

Name of your loved one, Name of camp, Fort Wilderness, 6180 Wilderness Trail, Rhinelander, WI 54501

**Please do not send anything with any type of nuts or made in a facility with nuts due to allergies.**

### What about phone calls?

Over the years we have found it best NOT to encourage any phone calls home or vice-versa. If a camper does need to call home, it is our policy to have a camp leader help them call and stay with the camper during the call to answer any questions a parent might have. Because campers are normally involved in activities and not by a phone, we ask that parents call the Fort ONLY in case of emergencies. Cell phones are discouraged and will be collected by counselors and returned at the end of the camp.

### What about spending money?

Most campers bring \$20-\$30 per week at camp. Spending money can be used in the canteen to purchase snacks, keepsakes or clothing.

### What should I not bring?

In keeping with the flavor of the outdoor adventure programs at the Fort, cell phones, electronic games and music devices are not allowed. If you bring any electronics to use while traveling, that's fine, but we will collect your devices while you are at camp and return them at the end of the week. In addition fireworks, firearms, alcoholic beverages, drugs and tobacco products are not allowed on our grounds.

### How will problems be handled?

The following steps will be taken in working with any camper who has broken rules, regulations or is disrespectful to other campers or camp leaders:

1. A leader will talk with them to see if the problem can be resolved.
2. If the problem persists, the Camp Director will call the parents and inform them of the problem.
3. If the problem still continues, the Camp Director will call the parents to arrange immediate transportation home for the camper, without any refund of camping fees. Automatic dismissal of any camper that is stealing, possessing drugs/alcohol/firearms or physically abusing another camper is at the discretion of the Camp Director and will be dealt with swiftly, without any refund of camping fees.

### What about transportation options?

We welcome your family to drive your child up to Fort, take a tour, and meet your counselor. For all youth camps, Fort is helping to connect families to arrange their own ride-share. Visit our website if you are looking for a ride, or willing to take an extra camper or two in your vehicle.