



FORT WILDERNESS

TruNorth Gap Year

Preparing for Camp

We are looking forward to you joining us! Thank you for committing to the TruNorth program, and what we hope will be an incredible year of growth and community. Below is a packing list, expectations, and general camp information. Use it to assist you as you prepare for your year in TruNorth. If you have questions, please reach out to our directors, Josh & Emily Tuckness at josh_tuckness@fortwilderness.com.

Here's a few things to note about the Northwoods. The temperature during the fall can range from freezing (high 20's) at night to 80's during the day. Average October weather is mid 40's at night and 60's during the day. During the winter months, expect temperatures to range from single digits at night to mid 20's during the day.

What should I bring?

Bring with you the things you would normally take if you were going to college. If you're not quite sure what that would be, use the list below as a guide! Still have questions? Email our directors!

Dorm

- Bed linens and comforters for single beds
- Bath towels and personal toiletries
- Laundry products to clean your clothes
- Money for coin laundry (approx. \$5-8 per load)
- Sleeping bag
- Crates / organizers for storage
- Things to make your housing feel "homey"

Clothing

- Clothing, shoes, jackets, etc.
- Work clothes (for both indoor and outdoor)
- Long underwear and undershirt
(2 pairs: one thin for fall, one thick for winter)
- Warm winter boots, jacket, and snowpants
- Warm hat and gloves
- Rain jacket
- Swimsuit

Activities / Recreational Gear

- Board games / card games
- Musical instruments
- Art supplies
- Books
- Outdoor gear: Ice skates, mountain bike, cross-country skis, downhill skis/snowboard, etc.

Personal Items

- Bible, journal, pens
- Laptop for class work
- Over the counter & allergy medications
- Vitamins & supplements
- Snacks & drinks
- Wristwatch & alarm clock (not a phone)
- Camera (not a phone)
- Water bottle

Items not allowed in camp: Firearms or fireworks, pets of any kind, alcoholic beverages, or drugs and tobacco products.

What is provided for me?

The Eagle's Roost is a fully furnished home. A bed, dresser, shared closet space, couches, tables, desks and wifi are provided for your use. You may bring a favorite piece of furniture if it is small. If you have something you want to bring and are worried about size and spacing, call the directors to see if it will work.

Common Questions:

When should I arrive and depart?

TruNorth runs from September (Labor Day Weekend) to May. You will receive an email with exact arrival and departure dates upon your acceptance into the program.

Where can we park our vehicle?

TruNorth students are not required to bring a vehicle, but can if they desire. The Eagle's Roost parking lot accommodates up to 10 vehicles. You may park your vehicle outside of the Eagle's Roost or in the main parking lot across from the Canteen. Please be mindful of pedestrians as you are driving through camp. The speed limit is 10 mph.

What if I have a food allergy and/or a special diet?

For any food allergy, we want to help. We can accommodate gluten, dairy, and nut allergies as well as some special diets related to specific medical needs. It is valuable for us to work with you to make a plan at least 2 weeks ahead of camp for special situations.

What if an accident or illness occurs?

Our infirmary, Payton's Place, is equipped with basic first aid needs. If a more serious condition occurs, you will find medical facilities in both Rhinelander & Minocqua. Each family is responsible for their student's own health and accident insurance while at the Fort. The Fort does not offer or provide camper medical or accident insurance.

What if I have to cancel?

Please email Josh & Emily right away to discuss your cancellation needs.