

Menu - Family Camp 2023

Common allergens listed in blue, unless obvious. Desserts typically contain wheat, eggs, dairy.					
	Sunday	Monday	Tuesday	Wednesday	Thursday
Friday <small>(end of the week)</small> Cinnamon rolls - wheat, dairy, eggs Eggs-to-order Oatmeal - not necessarily gluten-free Breakfast Bar	Breakfast Waffles - wheat, egg, dairy Bacon Eggs-to-order Oatmeal - not necessarily gluten-free Breakfast Bar <i>Gluten-free waffles may be available</i>	Breakfast Bacon cheese frittata - dairy, eggs, gluten-free Coffee cake - dairy, wheat, egg Eggs-to-order Oatmeal - not necessarily gluten-free Breakfast Bar	Breakfast Scrambled Egg Bar Eggs-to-order Wisc. Cruller - wheat, dairy, egg, soy Oatmeal - not necessarily gluten-free Breakfast Bar	Breakfast Croissants - wheat, dairy, eggs Variety of toppings Eggs-to-order Oatmeal - not necessarily gluten-free Breakfast Bar	Breakfast Banana bread - wheat, egg, dairy Sausage links - spices Eggs-to-order Oatmeal - not necessarily gluten-free Breakfast Bar <i>GF banana bread may be available.</i>
<i>Breakfast Bar: includes fruit, yogurt, bagels, cold cereal, toast</i> <i>Salad Bar: will be available at lunch & dinner</i> <i>PB&J: available at all meals</i> <i>**All items/meals are subject to change without notice</i>	Lunch Chicken salad - onion, paprika, egg Egg salad - egg, onion Wraps - wheat, garlic TownHouse Crackers - wheat, soy Tater Tots - soy Grapes Cookie Bar	Lunch Pulled pork - paprika Hawaiian rolls - wheat, egg, dairy, soy Sweet cole slaw - vinegar, onion Corn nuggets - wheat, eggs, dairy, soy Chips Strawberries Snickerdoodle Blondies	Lunch (Family Games) Beef hot dogs - paprika, garlic, other spices, Buns - wheat, soy Caramel apple slices Snow cone Kettle corn	Lunch Chicken tenders - garlic, soy, wheat, paprika Wraps - wheat Curly fries - soy Apple slices Lemon bars <i>Gluten-free, dairy-free tenders may be available.</i>	Lunch Club Sandwich: turkey, bacon, cheddar Garlic loaf bread - wheat, soy, garlic, dairy-free Mac and Cheese - wheat, dairy Mandarin oranges Brownies <i>GF Mac & Cheese may be available.</i>
Saturday Dinner Smoked chicken - onion, paprika Baked beans - onion, paprika Potatoes - onion, paprika, garlic Coleslaw - egg Watermelon Salad Bar Fry bread- wheat; may contain egg, milk, soy	Dinner Penne pasta - wheat, egg Marinara sauce - onion, garlic, other spices Italian sausage - corn syrup, other spices Zucchini/Yellow squash Garlic toast - wheat, soy Fruit Banana Cake	Dinner Aleppo chicken - dairy, garlic Naan bread - eggs, dairy, wheat Roasted broccoli White rice Yogurt Pears Chocolate cake <i>Vegan naan bread may be available.</i>	Dinner Cookout Beef burgers Buns - wheat, dairy, egg, soy Broccoli salad - vinegar, egg, onion Potato Chips/Doritos Watermelon Salad Bar JonnyPops - dairy	Dinner (youth menu): <i>Sloppy joes - onion, corn syrup</i> <i>Buns - dairy, wheat</i> <i>Chips/ carrots/ apples</i> <i>Ice cream - dairy, wheat</i> (Adult menu): Shrimp kabobs, Beef kabobs - vinegar, garlic, onion, Lawry's 17 Vegetable/fruit kabobs Corn on the cob/Cheese curds - eggs, dairy, soy, wheat Blueberry lemon trifle - wheat, dairy, eggs, soy	Dinner Ham slice Ham sauce - vinegar, eggs, dairy Green beans Demi French roll- wheat Yellow fingerling potatoes Apple sauce Cake