

Prep Guide Family Adventure Weekend

Preparing for Camp

Thanks for joining us! We're so excited for the adventure that lies ahead. To help you with your packing, daytime temps are normally in the 60's to 80's and nighttime temps are in the 50's to 60's. In your planning consider the activities you might participate in: canoeing, fishing, kayaking, mountain biking, trail running, shelter building, orienteering, bird watching, horseback riding, hiking

Suggested Personal Items to Bring:

- Clothing (shorts, long pants, shirts, socks, etc.)
 Be sure to bring comfortable clothes to wear outdoors that can get dirty and/or wet.
- □ Warm Jackets / Sweatshirts
- □ Toiletries / Towels / Washcloths
- □ Sunscreen / Insect Spray

- 🗆 Rain Gear / Umbrella
- □ Tennis Shoes / Hiking Boots
- □ Sandals waterproof with secure straps
- □ Modest (full coverage) swimsuits / Beach Towels
- □ Medications / First Aid Kit
- □ Bible / Notebook / Pen

Optional Items: Fishing license / gear, bicycles, extension cords...

Gear:

Having the right gear is crucial to having a good experience! As you collect these items, make sure that they are in good working order and ready for your use. If you are new to camping or have significant equipment needs, please reach out and we will work with you! Contact the Adventure Program Manager, Gunnar Koehn at <u>gunnarkoehn@fortwilderness.com</u>

- □ Tent
- □ Sleeping Bags / Pillows
- □ Headlamps / Flashlights
- □ Water Bottles (32 oz. or more with a screw-top lid)
- □ Hats or Caps for sun protection
- □ Sunglasses Polarized are better for viewing wildlife under the water!
- □ Lighter

Items not allowed in camp:

Firearms or fireworks, knives or weapons, alcoholic beverages, illegal drugs, tobacco products, jet skis or power boats, pets of any kind, recreational vehicles

Insurance:

Each family is responsible for their own health/accident insurance while they are at the Fort.

Extra Items – These items are non-essential, but feel free to pack them if you would like.

- □ Sleeping Pads
- □ Stocking Cap To wear while sleeping
- □ Neck Buff/handkerchief Good for extra wind and sun protection

Common Questions

How do we check-in upon arrival?

Plan to arrive between 1 & 3 pm. Anyone arriving later should call Fort's host phone (715.493.0691) and a Fort Staff member will meet you and direct you to your accommodations.

What equipment does Fort Provide?

If you're new to camping or have significant equipment needs, please reach out and we will work with you! Contact the Adventure Program Manager, Gunnar Koehn at <u>gunnarkoehn@fortwilderness.com</u>

What if I have to cancel?

Each registration deposit is non-refundable and non-transferable.

How are health issues handled on the adventures?

We will work with special conditions, allergies, or concerns on a case-by-case basis. Filling out the health form accurately and completely at registration is important so we can serve you well. Each trip has emergency plan and procedures in place.

What if my family has food allergies and/or a special diet?

For any food allergy, we want to help. The nature of the trip allows some flexibility with food - Please email at the same time of registration to be sure we can accommodate your needs. Contact the Adventure Program Manager, Gunnar Koehn at <u>gunnarkoehn@fortwilderness.com</u>

Can I bring my phone?

This is an unplugged adventure! We encourage you to set your phones aside and be present with your family.

How may others contact us at camp?

The office number is 715.277.2587 during the daytime office hours (8am to 4:30pm). Our message center is checked often and messages will be delivered as promptly as possible.

Where can we park our vehicle?

If staying at a campsite, we would prefer vehicles to be kept in the parking lot and not at your campsite. Vehicles may be kept at your RV site. Please pack accordingly.

Can I bring my pet or service animal to camp?

For the safety and consideration of all guests and staff, pets are prohibited from all Fort Wilderness properties. If you have a documented medical condition or are visually impaired, please contact our registrar, Jackie Dunham at jackiedunham@fortwilderness.com.